



Warren Memorial Hospital

2019 Community Safety and Wellness Expo

Saturday, April 27, 8 a.m. to Noon • Warren County High School

February 8, 2019

Dear Friend,

Warren Memorial Hospital invites you to participate in our **2019 Community Safety and Wellness Expo**. The focus of this exciting event is on Health, Fitness, Healing Arts, Safety and FUN!!! This year's event will be on Saturday, **April 27, from 8 a.m. to Noon**, at Warren County High School at 155 Westminster Drive in Front Royal. We welcome this opportunity to educate the community on the wellness and safety information to our citizens and the latest changes in our healthcare environment.

The **Community Safety and Wellness Expo** provides area resident's opportunities to assess their health status, explore alternatives for feeling their best, learn safety techniques, and meet dozens of local healthcare providers, fitness experts, health advocacy organization representatives and more. We try to make the atmosphere informative, friendly, interactive, motivational and fun.

We hope that you will join us in this much anticipated and rewarding community event. Enclosed is the information and a registration form that you can mail back in the enclosed envelope or fax to the number listed on the bottom. Please make sure to indicate on the form if you will need **electric** and the activity and/or information you will be offering to the community. **Deadline for registration is March 30.**

We look forward to working with you on the **2019 Community Safety and Wellness Expo** and thank you in advance for your participation. If you have any questions about the event please email one of the co-chairs below.

Regards,

Kristin Waltz, RN
kwaltz@valleyhealthlink.com

Brenda Atkins, Patient Accounts Supervisor
batkins@valleyhealthlink.com

2019 Community Safety and Wellness Expo Chairs
540-636-0355 (Office)
540-636-0475 (Fax)

2019 Community Safety & Wellness Expo

Saturday, April 27, 8 a.m. to Noon – Warren County High School
155 Westminster Drive, Front Royal, VA 22630

WHO

Organization: _____

Contact Person: _____

Address: _____

City, State, Zip: _____

Phone: _____ Fax: _____

Email (required): _____

WHAT

Focus of Exhibit or Activity (e.g. home safety, disease prevention, parenting, teen health, weight loss, dental health for kids, music & healing, information, etc.)

Please check if you will offer:

- Health screening. Type? _____ Ongoing or set times? _____
- Consultation with health or fitness professional. Specify: _____
- Teaching/demo/sampling (e.g. lifting techniques, stretching, CPR, fitness equipment, healthy cooking)
- Specify: _____ Ongoing or set times? _____

1 Table and 2 Chairs will be provided to each vendor.

Please check if you will need:

- Electricity # Outlets _____ (please bring extension cord and/or power strip)
- Other needs, please specify: _____
- _____
- I'd like to help spread the word about the Wellness Expo. Please send or drop off some flyers.

SEND TO

Send completed form to: **Brenda Atkins**
Warren Memorial Hospital
1000 N Shenandoah Ave
Front Royal, VA 22630

or

FAX to (540) 636-0475 or EMAIL to batkins@valleyhealthlink.com

Registration Deadline is Friday, March 29, 2019, to be included in the program &/or request electricity.

We will follow up with you to confirm your registration prior to the event. For any questions call 540-636-0325.